

Do you have a job or a career?

Job or career? On the surface they might look the same but dig deeper and you'll see that they mean very different things.

One tends to provide a pay cheque and the other provides a path to greater opportunity. The question is: which do you have? Take the SEEK quiz and find out!

1. It's Monday. Your alarm goes off. Do you:

- a. Groan, hit snooze and fall back asleep.
- b. Slowly open your eyes and get yourself up with the thought of coffee.
- c. Leap out of bed. There's so much to do!

2. When it comes to taking breaks at work, what statement is most accurate?

- a. I try to get away as much as possible. If I can't my mind wanders off.
- b. I take a lunch break then might have one or two more breaks throughout the day.
- c. Couldn't say for sure how many breaks I go on. Every day is different.

3. You're at a dinner party with friends. One of them mentions a fantastic new job they've just started. Do you:

- a. Swallow a knot of jealousy and wonder why you have such bad luck.

- b. Quickly compare their new job with yours to see which one is better.
- c. Congratulate them and brainstorm ideas for how you could collaborate.

4. It's 4:35 p.m. You're at work. What are you thinking?

- a. How I am going to make it till 5 pm?!
- b. What a long day! Good thing there's after work drinks on...
- c. I'll probably stay back; I really want to finish the work properly.

5. How do you see the future in your current position?

- a. Same old, same old. I can't see things changing.
- b. Not sure... I'm excited about one or two things in the pipeline.
- c. I can't wait to see what happens next! I think this position is going to lead onto even more exciting opportunities.

Result - Mostly As

You've got a job

You're restless and don't think your position is really going anywhere. You don't want to risk your job security, but you're unhappy and want to make a change before it's too late.

What do you do?

Don't rush into anything yet. You might want to talk with your boss and suggest ways to improve your work situation before you decide to leave. While you do this, create a [SEEK Profile](#), and let opportunity come to you!

Result - Mostly Bs

You're sitting on the fence

You like your job but there are things you would like to change. When you list the pros and cons, it mostly comes up even but you can't shake the niggling thought that there might be something better out there.

The solution?

Allow yourself to fantasise about your dream job. Is there a way to make your current position more in line with that vision? It's also important to set up a [SEEK Profile](#). This will alert you to new, relevant (and possibly more exciting!) work opportunities, without obliging you to follow up or commit to a job interview.

Result - Mostly Cs

You've got a career, and love it!

You've found a promising career path and are excited to see where it leads. You truly believe the work you're doing is valuable and want to make sure you do a good job.

Now what?

Now that you're on the path, the challenge is to take it further - make it bigger and better! [SEEK Profile](#) is always looking for that next great opportunity, (even when you're not!) so make sure yours is complete and up-to-date, to ensure you're continually pushing yourself into exciting new territory.