

Is your job impacted by COVID-19? Here are the key resources for help

At the moment many of us are dealing with changes or situations we've never faced before in our working lives.

Whether it's figuring out what income support you can access, or what your employer's obligations toward you are, it can feel overwhelming – but having the right information at hand can help.

Here's a list of key government resources to help you deal with the work-related challenges you might be facing during the COVID-19 pandemic.

1.

Services Australia

If you need income support or are having financial difficulties, here's where you can find out what's available and what you could be eligible for. Services Australia – formerly the Department of Human Services – oversees services including Centrelink and Medicare. The site has information about financial assistance for people affected by COVID-19. You can find out more about the JobSeeker payment, plus there's a [step-by-step guide on how to claim](#) it.

JobSeeker is being extended into 2021, with changes to the payment rate and requirements for people receiving it. [You can read more about the payment rate here](#), and [the requirements here](#).

2.

MyGov

This is the online portal where you can manage your accounts for government services

such as Centrelink, Medicare and the Australian Taxation Office (ATO). So, if you've looked into what income support you may be eligible for, MyGov is where you can register for a Centrelink account in order to access payments.

3.

Fair Work

If you're facing changes to do with your job, here's where you can find information about the rules around work and workplaces, including pay, employee entitlements and agreements. There's a section on [coronavirus and Australian workplace laws](#) that covers health and safety at work, taking leave, business closures and ending employment. If redundancy is something you're facing, [this calculator](#) could help you work out what payment and notice you're entitled to.

4.

MoneySmart

Here you'll find advice and information to help you make financial decisions that could come up during COVID-19, such as accessing your super early, getting financial assistance and dealing with problems paying your mortgage. There's also plenty of general tips and resources for budgeting, planning, reducing debt and managing your money.

5.

ATO

If you're an employee, you might want to find out more about the JobKeeper program, which is run through the ATO – there's a handy section here on [how you can help your employer claim the JobKeeper payment](#) on your behalf. The ATO website also has information for sole traders, on the support available for businesses, and early access to super.

6.

Treasury.gov.au

If you're looking for further information on income support, early super access, the support available to businesses or other government announcements, this could be a

useful resource. The Treasury website outlines the key government measures there to help people during the coronavirus.

The government has also announced a new skills program called [JobTrainer](#) to provide people access to free or low-cost training in areas of demand, like healthcare and manufacturing. More information on this is set to be released but in the meantime you can [read about JobTrainer here](#).

7.

Head to Health

Issues around work can create feelings of stress and anxiety, and there's no doubt things are even more challenging at the moment. Head to Health has a COVID-19 support page that outlines key facts and includes strategies for maintaining good mental health plus information on how to access support.